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MONARCH

monday, February 9, 1987

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Relationship lectures focus on Getting Closer



Martinez Puts His Heart Into it

GOVERNOR MARTINEZ PROCLAIMS FEBRUARY HEART MONTH

Governor Bob Martinez issued a proclamation designating February as Heart Month and urged Florida area residents to support the 1987 campaign of the American Heart Association.

In the proclamation, Martinez asked for support from the residents of Florida in the campaign against the nation's number one killer—heart disease, stroke and related disorders.

"These diseases accounted for nearly a million of the nation's deaths last year," the governor said, "almost equal to the deaths from all other causes combined."

Martinez said, "This year the AHA's goal for the residential mail and door-to-door campaign is \$1,500,000."

The contributions support research, professional and public education, and community service projects.

Thousands of volunteers in Florida will join the effort to distribute American Heart Association information and collect contributions, he said.

The text of Martinez's proclamation reads:

"Whereas diseases of the heart and blood vessels this year will kill almost one million Americans, which nearly equals the total number of deaths from all other causes combined, and

200,000 of these victims die before retirement age, and

American Heart Association is the or voluntary health agency whose sole mission to reduce early death and disability from heart disease, stroke and related disorders and

see page 2 Martinez

On Wednesday, Jan. 21 the College Union Board and the Student Development Office brought Ellen Rosenberg, a lecturer on relationships, to Saint Leo College.

Rosenberg had her work cut out for her. She spoke to three different groups at three different sessions.

In the afternoon, Rosenberg met with the Student Affairs staff. She had them identify concerns they had in being human, relating to students and fellow workers.

After her session with the Student Affairs staff, Rosenberg met with the Resident Hall assistants. She talked about the different relationships an RA experiences, and she addressed any questions about those relationships that the RA's had.

Rosenberg's final session was held in Duncan Lounge at 8 p.m. She spoke to the student body of Saint Leo College about all types of relationships including roommate relationships, boyfriend/girlfriend relationships, and many other relationships people experience throughout life. She spent a lot of time talking about how one can get to know people.

"Be brave," said Rosenberg, "just walk up to someone you don't know and say 'hi,' that simple greeting could be the start of a wonderful friendship."

"People sometimes have trouble communicating physically and verbally, and they are unable to express their feelings," said Rosenberg. "People should try to translate their feelings to words. It is also important to know that you don't really have to fill in every minute when you are with someone. Sometimes sitting together and saying nothing is great."

Rosenberg discussed the issue of boyfriend/girlfriend breakups.

"Individuals sometimes stay in relationships too far just because they don't want to break up," said Rosenberg. "Individuals should not be afraid to end a relationship. When a relationship ends you grow, learn, take forward and you take what you've learned on to the next relationship. 'With every relationship you learn and learn.' If one is ever in a relationship where something doesn't feel right, ask 'what is going on,' never be afraid to ask what is going on."

"Communication is the bottom line," said Rosenberg. "If anything in particular is an issue, then you have to be able to turn the issue into conversation. And if the person you're addressing ignores you, then at least you tried. But by all means communicate!"

When asked about Ellen Rosenberg's visit

to Saint Leo College, Mr. Ruday had remarked, "I think her visit to Saint Leo College will help students and staff to be better able to relate to each other and those with whom they come in contact with."

Several students also spoke about Ellen.

"She was great, she gave a lot of ideas and reasonable responses, along with helpful hints," said Lori Heinemann.

"Her talk was very informative and I'm glad I had the opportunity to hear her speak," said Martin Gould.

Rosenberg ended her talk with the students

See Page 2 Rosenberg



Sig Ep

SIGMA PHI EPSILON VALENTINE'S DAY DANCE

Sigma Phi Epsilon Fraternity cordially invites you to attend its sixth annual Valentine's Day Dance. The dance will be held Feb. 14 at 9 p.m. in the McDonald Student Center. Tickets will go on sale Feb. 2 during dinner. Tickets will be \$7 per person and \$10 per couple, with 50 percent of net proceedings going to the



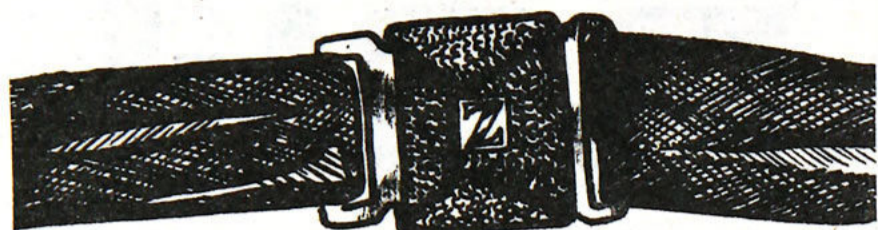
Valentine Gig

American Heart Association.

Sig Ep will be featuring a live band. At the climax of this semi-formal event, one couple will be chosen "Sweetheart Couple" out of several couples sponsored by various Saint Leo organizations.

Hope to see you there!!!

Belt Someone It's the Law



BUCKLE UP!

It's time to buckle up. If you don't, you not only risk your health—but also a thinner wallet. A booklet produced by Al Woodall, director of security, details the ins and outs of the new seat belt law. A major portion of the booklet is reproduced below.

Anyone with questions should contact Woodall at ext. 8334.

The Florida seat belt law took effect on July 1, 1986. Prior to Dec. 31, 1986, law enforcement agencies issued warnings to those in violation, instead of the \$20 citation. As of Jan. 1, 1987 the \$20 citation will be issued for not "buckling up."

It should be noted that enforcement by the state and local agencies can only be cited as a secondary action after a driver has been detained for a violation of another existing traffic law.

Driver's Responsibility: Under the law, the driver of any motor vehicle is responsible for all passengers 16 years of age or younger in the front seat of the vehicle; all passengers 16 and over are responsible for their own safety

and will buckle up or pay a \$20 fine.

Exempt from the seat belt law are: All automobiles manufactured before 1968, trucks manufactured before 1972, school buses, buses used for transportation of persons for compensation, farm tractors, motorcycles, mopeds, trucks of new weight of more than 5,000 pounds, and passengers certified by a physician because of a medical condition.

Also exempt are additional passengers in the front seat of a pickup truck when the safety belts installed by the manufacturer are being utilized by other passengers.

Regarding the existing child restraint statute, some changes took effect Oct. 1, 1986:

—Previously, only Florida-registered cars were covered and cited for violation. Now, any passenger car, van or pickup operating on the roadways, streets or highways of Florida may be cited.

—Age requirements remain the same.

—Children from birth through 3 years old must be in a separate carrier. Children aged 4 and 5 may use a separate carrier or a seat belt.

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Rosenburg

by saying "my hope is to make a difference—by helping people better understand themselves and their relationships."

Each student who came to hear Ellen Rosenberg speak left with a poem written by Nadine Stair on their minds. The poem went like this:

If I had my life to live over:
 I would start barefoot earlier in the spring;
 and stay that way later in the fall.
 I would go to more dances.
 I would ride more merry-go-rounds.
 I would pick more daisies...

Nadine Stair

If I Had My Life To Live Over:

I'd like to make more mistakes next time.
 I'd relax.
 I would be sillier than I've been this trip.
 I would take fewer things seriously.
 I would take more chances.
 I would climb more mountains and swim more rivers.
 I would eat more ice cream and less beans.
 I would perhaps have more actual troubles, but...
 I'd have fewer imaginary ones.

You see I'm one of those people who live sensibly and sanely hour after hour, day after day.
 Oh, I've had moments, and if I had it to do over again, I'd have more of them.
 In fact, I'd try to have nothing else.
 Just moments, one after another, instead of living so many years ahead of each day.
 I've been one of those persons who never goes anywhere without a thermometer, a hot water bottle, a raincoat and a parachute.
 If I had to do it again, I would travel lighter.

Martinez (continued...)

American Heart Association's relentless battle against this American epidemic combines a nationwide research program, as well as improving health care in the community through professional and public education, and community service programs..

"Therefore, I, Governor Bob Martinez, proclaim the month of February as American Heart Month and urge all citizens to support the educational and fund-raising campaign of the American Heart Association, Florida Affiliate. Contributions of time and money will help in the fight against heart disease and stroke."

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Friends in High Places

The first in a five-part series reviewing towers, monuments and other lofty heights in the Saint Leo vicinity.

EXPEDITION MEMBERS AND CLIMB CONNOISSEURS:

Mark Stobers
Joseph Burke
Brian McKay

CLIMB RATINGS ON A 0-10 SCALE.
(10 BEING GREATEST)

DIFFICULTY: 6

VIEW: 9

CONDITION OF TOWER: 7

RISK FACTOR: 4

BUGS: 3

ACCESS RESISTANCE (LAW/ADULTS):

0 (DAYTIME) 9 (DAYTIME)

By **JOSEPH BURKE**

The steel is cold. Thick connectors secure the angled ribs of this creature. We ascend chewing gum. Camera equipment strapped to our backs; shoes tied tightly; strident we climb. The day is clear. Halfway up we gaze down upon our humble campus. We witness an angry driver nearly maul two students. Mark moves with familiarity, almost as if it were a mere stairwell. Brian starts saying something about his great uncle's fraternal twin. We shake our heads nearing the top. The wind picks up a bit; Mark exclaims we've reached the zenith. We talk to ourselves in silent reflection. Mark looks into the distance while, with amazing recall, says, "This landmark is the division of forestry's Saint Leo fire observation tower." Subsequently he tells:



ed reaches for the climb.

By **MARK STOBERS**

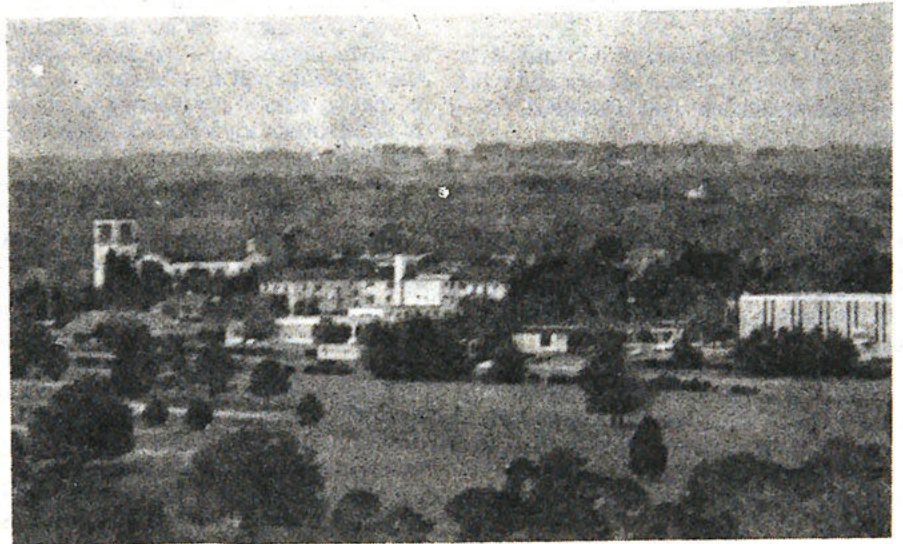
The ten-year-old tower exists for the purpose of spotting uncontrolled fires in the surrounding countryside.

Ned Obermeyer, his wife Linda, and their son have lived in a mobile home located underneath the tower for four years.

Ned is a ranger with the Division of Forestry, and together with one other ranger the two-man team is responsible for manning the tower during the fire season, which runs from December through June. Linda was also



The Monolith as it stands.



Our humble abode.

formerly part of a team who manned a similar tower in South Florida.

Linda described the procedures that her husband follows when he spots a suspicious fire: "First he uses a detailed map of the area to estimate the approximate location of the fire. Next, he calls in a report of the fire over the radio to the ranger station in Brooksville," she said.

After the fire has been reported to Brooksville, it is then Brooksville's responsibility to determine whether or not the fire is uncontrolled by checking to see if a permit for open burning has been issued to anyone in the area.

"Although people do it anyway, you're not supposed to burn here without a permit," said Linda. If the Brooksville station determines the fire to be suspicious enough, it notifies firefighters of the situation.

The most common cause of the uncontrolled burn is trash burning. "People just don't understand how quickly a fire can spread when they leave it unattended," said Linda. She also estimated that the men in the tower spot an average of around three uncontrolled burns a week, although it varies a lot with weather conditions.

After climbing the steep and narrow stairs to the observation room at the top of the tower, one might expect to see it filled with all sorts of expensive and complicated equip-

ment to aid the rangers in spotting and reporting fires. All that is there, however, is a small chair, an old radio and a compass mounted on a small table. There are no hotlines, telescopes, vast map tables or anything of that sort.

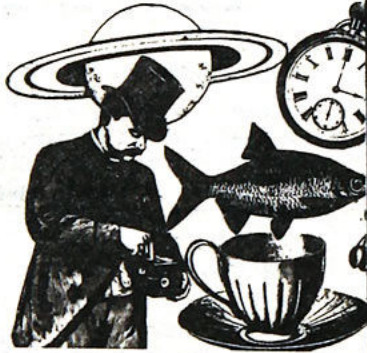
Linda explained that the reason for this is that the rangers are supposed to have as little equipment and personal distractions as possible to avoid diverting their attention from their main responsibility—looking for fires.

Looking from the top of the 100-foot tall tower on a clear day, one can see approximately 35-40 miles. From that location, the field of vision includes the northside of Tampa to the south, the Gower's Corner area to the west, and the Withlacoochee State Forest area to the north.

Many people only notice the tower at night when the light is on in the observation deck. "In the past we've had several near misses with airplanes almost hitting the tower at night," noted Linda. It is for that reason that a light is now kept on for the duration of the darkness hours.

For anyone who wishes to experience the view from the tower for themselves, it is open to the public from 8 a.m. to 5 p.m. However, the ascension must be made at your own risk. The climb is not recommended for the faint hearted.

Kacey at the Typewriter



Thoughts on my friends, myself and maturation.

Lately, I've had a lot of time to myself. For some, that's one of life's horror of horrors. It shouldn't be. Being alone gives a person time to take control—to do work, read, or do something else that you either wouldn't do at all or do well if someone else was with you. Being alone also gives a person time to think. That's mainly what I've been doing.

Outside my room a couple of sophomores are earnestly making plans to go to Ralph's this evening and see what kind of fun that they can come up with. Two years ago, most of my acquaintances did the same. But now as seniors, something has changed. My friends and I no longer enjoy the same type of "fun" as we did two years ago.

The only possible reason that I can seem to come up with is that terrible term that crops up now and then called maturity. We have become deadly serious about our lives. I don't know whether that is good or bad, but it is a fascinating discovery. Two years ago, the most serious school worry was getting a decent grade (or for some, just making it to class). Now, the foremost questions are will I

get into grad school, will I get a decent job after graduation, or even better—what next?

It's not just that we have drastically matured. In fact, the main reason that things have changed is that we don't have a lot of time on our hands. Some are interning, some are trying to handle a heavy class load, but most of us are simply tired—not merely fatigued physically, but (if I may use this term without offending any intellectuals) brain-burned. We've aged beyond our years for no apparent reason other than the fact that it's time for us to move beyond college. At times the feeling obtained from this revelation is frightening, but usually it is a good feeling, good in the sense that soon it will be our turn to go out into the world and contribute something (be it good or bad).

But before this turns into an unintentionally overserious discourse on the maturation of college students, I shall end this column. I do, however, have one last thing to say to anyone who may still be reading this—have your "fun" and be serious too, but don't do either to the extreme. And now I have a headache from thinking so much, so I say adieu until next time.

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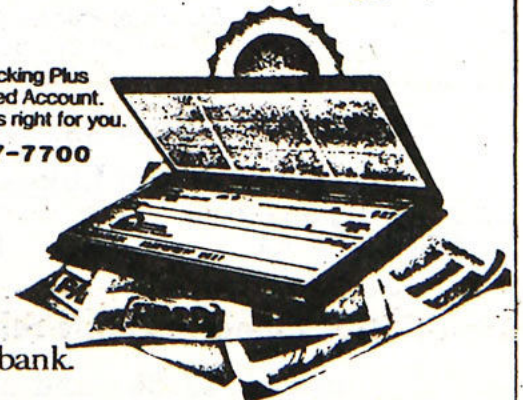
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Dr. Durst working Double Time



By LEANNE CALDARONE

Playing a dual role is exactly what Dr. Maribeth Durst, chairperson of the Division of Freshman Studies, is doing this semester in the Saint Leo Counseling Center.

Durst is working towards getting her counseling certification.

"In order to be certified as a counselor in the state of Florida, I need to work under the supervision of someone that is licensed," said Durst.

That person being Dr. Kane. Dr. Kane is happy to have Durst on the counseling team.

"It helps me out here," said Kane. "We're really happy to have qualified people offer their services to our students."

Since Durst is on sabbatical this semester, she's devoting quite a bit of her time to the counseling center.

"I started this semester, and I'm a volunteer there. If it works out this semester I'd like to continue volunteering," Durst said.

Being a teacher has kept Durst from getting to know students on a more personal level. Hopefully, the counseling center will change that aspect of her job.

"In my job as chairperson, I see students only in an academic setting," said Durst. "You can tell they have problems, and it

helps me to know I can help them through another capacity—that being the counseling center."

One concern of Durst's is that students feel free to come to her as a counselor, even though they may know her as a teacher.

"Even though I'm a teacher, I would hope that students feel free to come to me as a counselor. Part of my training was to be able to differentiate my counseling role from my teaching role," said Durst.

Two other additions to the counseling center are Sister Miriam and Sister Teresa.

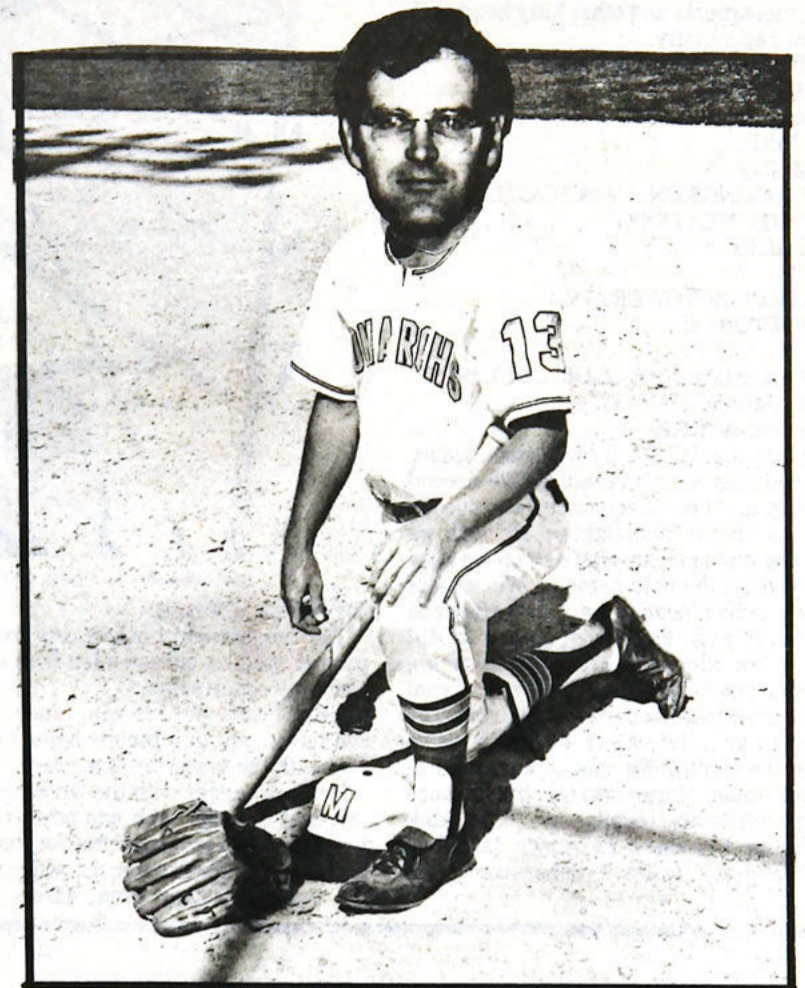
Sister Teresa will be running a support group called Sons and Daughters of Alcoholics.

"As a sister from the Priory, I think this is a good way in which I can be available to students in need," said Sister Teresa.

If any students would like to request Durst as their counselor, their best bet would be to do this through Cyndi Smith, the Counseling Center's receptionist, Durst said.

And how available will the dual lady be? "This semester I'm pretty flexible and can, for the most part, meet students when it's convenient for them," Durst said.

Where Have You Gone, Joe Dimaggio?



Saint Leo softball field—

Professor Joe Cernik of the Social Science Department, playing perhaps his finest all-around ball ever for the Faculty team in the regular Friday afternoon challenge softball game, lead the prof-team to a rare double-header sweep of out-manned Pi Kappa Phi, 17-1 and 10-5, Friday before last.

Cernik pitched a combination of spins and dips at the frustrated Pi Kappa Phis and yielded but one hit in the opener. That last-inning hit, unfortunately, rolled clear to the wall, o'er, the outer expanses, allowing the runner to reach home plate and break up the shutout.

"No doubt about it," Faculty second-sacker Jim Horgan said after the game, "this was

Joe's greatest game ever."

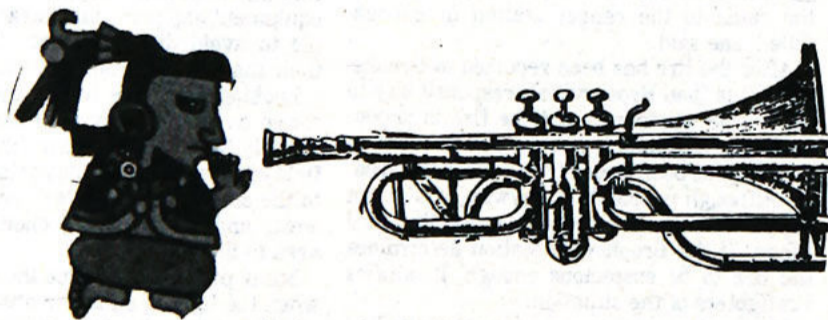
Cernik hit two base-clearing shots to right himself, among his other hits, to lead the balanced faculty attack.

"You never know with Joe," said utility infielder and first baseman Chuck Fisk. "His game fluctuates from the depths of the Mariana's Trench to the peak of Mount Everest. Joe always plays with reckless abandon."

In the nightcap, the Faculty shifted players' positions liberally to combat fatigue but still managed to come back from a shaky start to pound out a 10-5 victory.

Neither the opponent nor the score of this past Friday's game was available at press time. Games usually begin around 3 p.m.

Bugles Needed



SHOW YOUR TALENT...

The Office of Alumni Relations is in search of trumpet and bugle players for the upcoming 20-year Gala Reunion (March 5-8). We would love to have four to six talented individuals to present the fanfare for the "Under

the Palms" Ball to the alumni and guests just prior to the event—just an added touch to this upscaled extravaganza. Anyone interested, please contact Ed Lachance, Alumni Office (ext. 8250).

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Dr. Arthur Day's Entertainment Spotlight



While watching dancers perform, I enjoy their efforts most when I can say "yes" to these three questions: Did I feel relaxed during the performance? Did the dancers use the stage space effectively? Did the visual and emotional impact of the performers leave me with a good feeling?

After seeing the Dance Alive! company perform on the temporary stage at the Marion Bowman Activity Center last month, I can answer "yes" to all three questions. However, I still have some reservations about the visual and emotional impact that the ballet had on me.

The program was divided into two distinct parts. The first part consisted of dancing only and, thus, required no acting. This segment included such ballets as the "Polovtsian Dances," "A Deux," "Vier Zehn Ein Und Zwanzig" and "Spartacus." The second part consisted of both dancing and acting and had such Country and Western tunes as "Love Me Tender," "9 to 5," "Ode to Billy Joe" and "Sixteen Tons." The Country and Western songs caused the problem for me. The company could not effectively blend the dancing and the acting.

During the initial portion of the program, however, the company was delightful. Starting with the pulsating "Polovtsian Dances," the ensemble adroitly filled the entire stage with energetic movement and well-defined execution. For example, during the opening number, the company quickly appeared on stage, executed the middle range movements and preceded each exit with jumps and leaps that seemed effortless. Moreover, the performers gave size to these dances by using diagonal movement from upstage right to downstage left. This particular movement gave breadth to the jumps and leaps and provided a powerful visual and psychological impact.

The company number was nudged off the stage by "A Deux," the creation of Kim Tuttle, an artistic director. This dance, except for the opening and closing, was a showcase for the individual talents of Michel Incollingo and Gary D. Duncan.

For a change of pace, choreographer Anthony Ferro effectively changed the lithe bodies of the company into angular automations. Although the ballet, "Vier Zehn Ein Und Zwanzig," appeared to be making a commentary about society in a computerized world, the tongue-in-cheek effort seemed to echo the sentiments of the 19th century philosopher Henri Bergson, who said that comedy derived from "something mechanical encrusted on the living." Thus, the ballet provided excitement by means of precise angular movements and comedy by means of sharp contrasts with normal, human movement.

The final number of the first segment was "Spartacus." This ballet was ideally placed. It was set in sharp relief with the preceding dances—which gave it emphasis—and easily dove-tailed into the final number. This ballet, with the magical commingling of the music and lighting, provided an ethereal effect to which Kathryn Dandois and Tim Heflin added the sensual movement. The use of stage space and personal space by choreographer Kim Tuttle visually portrayed the warm relationship between Spartacus and his wife, Phrygia, after they had been reunited.

In the second half of the show, the dancers retained their dancing expertise, but were unable to integrate the needed subtext with the dances to imbue the scenes with life. For instance, "Love Me Tender" appeared to be a series of movements that lacked organic unity. With the exception of "Sixteen Tons," which required little acting, the other songs also suffered from the inability on the part of the dancers to combine dancing and subtextual values. The heart and body were present, but the soul was missing.

While I am still experiencing a slight visual and emotional let-down because of the approach taken by the company in the execution of the Country and Western songs, I feel that the overall effect was delightful. The program moved swiftly, the music supported the movement, and the dancers created visual life. The Dance Alive! company is a subtle blend of explosive energy, consummate skill and well-defined execution.



History Prof Probes Portraits of Two Nations

BOOK REVIEWS

By DR. JAMES J. HORGAN
Professor of History

Israel and Poland are two of the most intriguing and troubled countries in recent history. Their citizens share a common experience: nations long without territory; peoples threatened by hostile forces; societies motivated by religious zeal; communities struggling for a national vision.

Israel Now: Portrait of a Troubled Land (New York: Delacorte, 1982) is a comprehensive survey of the background, politics, social institutions and national character of the Israeli people by Washington Post journalist Lawrence Meyer. "Israel," he writes, "has never lacked for symbols to reflect the reality of its experience: the bronzed kibbutznik of either sex, standing amidst blooming crops; the young soldier keeping vigilant guard in a lonely outpost; the dark-skinned Yemenite Jew praying at the Western Wall."

These images are accurate but incomplete, for Meyer finds Israel a land of contradictions. A modern industrial state constructed within one generation from a traditional society, it is beset by persistent economic problems (135% annual inflation in recent years, 50% taxation on incomes above \$12,000). Celebrated for its communal elan, it has withheld full social participation from its women (Golda Meir was an aberration), its Arab citizens, and its underclass of Sephardic (non-European) Jews. Cheered as an underdog harassed by hateful enemies, it is jeopardizing this moral capital as the occupying overdog of a million West Bank Palestinians.

The stunning victory of the 1967 war brought a sense of overconfidence and self-indulgence, says Meyer. The near-defeat of 1973 shattered public trust in the moderate Labor Party government and brought forward the more nationalistic Likud coalition of Menachem Begin, likely to remain a political force because of its appeal to the recently-arrived Sephardics, now a majority of the population. Meyer genuinely admires the Israelis, but he

years for a restoration of their founding spirit and the vision of a just society.

The Polish August: The Self-Limiting Revolution (New York: Viking, 1982) is Neal Ascherson's detailed analysis of the 1980 upheaval and formation of the nationwide trade union Solidarity. He places this development in the context of earlier postwar uprisings in Poland and in Eastern Europe, and he finds it distinctive: "a workers' revolution which walked behind a crucifix and refused to take control of the means of production."

Ascherson reviews the issues: governmental injustice, economic chaos, and a stirring nationalism. He examines the major groups: workers, peasants, the Community Party's governmental bureaucracy, the Catholic Church (and its Polish Pope). He features the personalities: Gomulka, Kania, Wyszynski, and especially Lech Walesa, charismatic leader and symbol of the struggle (with, he writes, "a telepathic grasp of workers' emotions and a deep-seated driving anger").

It is a self-limiting revolution in that it has chosen deliberately and pragmatically to push for an independent union and a degree of social change without overthrowing the system or taking direct political power. Thus Walesa and Party Secretary Kania emerge as relative moderates who needed each other to restrain both worker militancy and governmental reaction. The initial agreements had to be implemented without destroying state power, lest the ultimate threat be provoked; an invasion by the Soviet Union. And although martial law has interrupted this progress, "there will never be a retreat back down the path traveled since August 1980."

Both Meyer and Ascherson draw on firsthand experience for their compelling studies. Each offers the general reader a timely and informative look at a dramatic international situation.

trivial matters

TRIVIA

By JOHN AMERULLO

1. What company has the largest advertising budget in the U.S.?
2. What Christmas carol did Shirley Temple sing in Heidi?
3. How many Van Pelt siblings appear in the comic strip Peanuts?
4. What was the first state to pass a law for mandatory school attendance?
5. Who invented the cornflake?
6. What is the smallest independent country?
7. Who had the longest reign of any British monarch?

8. In Jane Eyre, what was the name of Jane's male cousin?
9. What is the sum of the degrees in the angles of any triangle?
10. What are the names of a violin's strings?
11. Who said, "I think, therefore I am"?
12. What is pantophobia?
13. In what year was the town of Saint Leo, Florida incorporated?
14. Who invented waxed paper?
15. Is the Japanese sport basibori ever played in America?
16. How many television programs presently take place in Boston?
17. Which Shakespearean play includes the line, "Nay, I can gleek upon occasion"?

Answers on Page 7

attention guys and gals with love in your heart and a special valentine in mind

Sat. Feb 14 is Valentines day!

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Bobby Link

By KATHLEEN DEVLIN

Bobby Link began his baseball career at the age of four as a batboy for his brother's team. Since then he has come of age.

Link, a versatile athlete, played quarterback in high school for the Tennessee Military Academy.

"After I broke two fingers during the football season, I decided to stick to baseball," says Link.

Link received offers to play ball right out of high school. The Baltimore Orioles drafted Bobby in the sixteenth round in June of 1980.

"I wanted to be certain to get an education, so I decided to go to college," Link says.

Link attended Saint Leo for three years. During his junior year, he had an 8-0 pitching record, a 2.56 ERA, and was ranked seventh overall in the conference. After graduation, in June of 1985, Bobby was the 27th round draft choice of the Cleveland Indians.

"Bobby is fun to play with because he is so intense," remembers Bobby White, Link's former Saint Leo teammate. "He is one of the hardest working guys you'll ever meet."

In his senior year, Bobby played under Coach Mike Marshall.

"Besides having the best screwball in all of baseball, Coach is the best teacher I know," Link says. "He knows the body inside and out. He has studied it for 18 years, and he taught me the technique he developed from those years of study."

Marshall's influence in three dimensions of Link's pitching career have helped him to move forward with his career.

"I have patience now. Before him I did not have any patience. Now I have the confidence



to throw any pitch on any count. He taught me how to train for a specific skill—pitching everyday."

After pitching a 6-1 relief season for the Waterbury Indians, and ranking in the top 15 pitchers in the AA Eastern League, Bobby is back at Saint Leo.

"I came back to work out with the team, and to spend time with my fiance, Teresa Alexander," Link says.

Link lives in Dade City, substitute teaches in local schools, and works for Saint Leo College when he is not teaching.

"I work everyday to pay rent and so I can do something special for my fiance," Link adds.

He performs the workout Coach Marshall prepared for him seven days a week, 52 weeks a year.

"Sure, there are times I don't want to practice, but I go out there with the attitude that I can get better today, so I'll give a little extra. If I don't make it to the big leagues, it won't be because I didn't work hard," says Link.

"Bobby has a confidence about him. No matter what happens, he believes in himself. That's why he does so well. He never gives up," says Bobby White.

Bobby will leave Saint Leo in February or March to return to his team for another season of baseball. He may be leaving town with a world record under his belt. Bobby is trying to get into the Guinness Book of World Records for holding eight baseballs in one hand.

Cliff Champion, Monarch first baseman and another of Bobby Link's teammates, says of Link, "Bobby is very inspirational. He is a good leader."

AOTT Announces Officers

Alpha Omicron Pi is off to a fresh start in the 1987 year. The newly elected officers are: President Ellen Fitzgerald; Vice President Terese Lurgio; Secretaries Liz Seifts and Kim Arthur; and Treasurer Julianne Mello.

Big Red Machine Taps "Potsie"

By ANDREW PHILLIPS

Happy days are coming this way for Mike "Potsie" Stanfield. Mike's a senior from Warren, New Jersey, majoring in sports management. The Cincinnati Reds professional baseball team has given him a chance to make his



childhood dream come true. "I'll be doing everything from acting as assistant manager to working with IBM on a big promotion date, to picking up people at the airport for the Reds," said Stanfield.

"This is a lifetime dream for me. I didn't come to college specifically for that (sports management). There wasn't a program my first year here. I thought there was a real future for me. I helped out around the P.E. Department. I announced men's and women's basketball games. I worked baseball for internship. All the way from playing music for the games to sending out stats," said Stanfield.

"I was the top coke vendor at Tampa Stadium. I asked the Sports Authority if I could sell at Al Lopez Field. Then I called the Reds myself," said Stanfield.

Mike isn't too sure yet what his job title is going to be.

"I'll be working all the games. There might be travel involved," said Stanfield. "If I'd stayed with the Sports Authority, I may have just been selling cokes again. I just took it one step further. It's a very competitive field, but once you have established yourself, you're set," said Stanfield.

There is a 40-man front office during the regular season and an eight-man office during spring training. "I'll know how to run a minor league team as a general manager," said Stanfield. "My eventual goal is to become a general manager of a team."

"I'll see if I like working with Pete Rose. You wouldn't imagine how many 'buddies' I have now who want tickets, including teachers."

Grecian Formula Looking Good



IFC "FRATERNITIES LOOKING GOOD"
By ANDREW PHILLIPS

The Greeks this semester are organizing a wide range of activities. We all know that Greeks have an overabundance of spirit and enthusiasm. The loudest corner of the bar, on a good night, usually has a number of Greeks standing around.

This natural talent for expressing veracious feelings is soon to be tapped in the form of a "Spirit Competition." It will be a combination Greek spirit and school spirit.

Each of the fraternities will sponsor one of the home basketball games. They will be responsible for putting up posters, maybe painting their faces, getting the fans geared up. In other words—they will create a controlled riot.

There is a rumor floating that the P.E. Department is putting up \$100 for the fraternity who provides the best support. (That's almost enough for two kegs.)

To move on to other news, the IFC is going to have a pool party some time at the end of February. All students are invited. Hot dogs,

cokes, etc. will be provided from 10 p.m. to 2 a.m.

This year's Greek Formal will be the best ever. A member of our own faculty, Mr. John Fiengo, will be playing the organ during the dinner. T-bone steak and cocktails are on the evening's menu.

"It's going to be great to be Greek that day," says IFC President Pat Gallagher.

The IFC, along with Panhellenic, will be offering \$500 in scholarship money to Greeks. Wayne T. Holleran, an alum and also a former IFC president, is putting up the cash.

The IFC basketball season is already well underway. The 20-game season culminates with the semi-finals on March 4. The first game begins at 6:30 p.m. and the second game at 7:30 p.m. The finals will be played on March 8 at 2 p.m.

Greek Week takes place March 15 through March 21. This is a week of competition between the Greeks in a variety of events from racing to trivia pursuing.

ROTC's Ridgewell Returns to Real World



By DAVID DUKES

Step into the back office of ROTC—you'll see a beehive of activity. Sitting at his desk amidst this flurry of activity is Sergeant First Class Frederick C. Ridgewell.

One moment he'll discuss the operations order for the next leadership lab, pause to answer a quick question from a cadet in a hurry, tell another cadet to look on the middle shelf for the manual he wants, and then return back to the discussion of the weekly lab, not having lost his train of thought. This is the way it is all the time in the back office of ROTC, and Sergeant Ridgewell seems to thrive on it.

Sergeant Ridgewell came to Saint Leo College in June 1985 from an infantry unit in Germany to "train the future officer leadership of the Army." That's very important to Ridgewell, a career soldier with 15 years in and 15 more to go.

Sergeant Ridgewell entered the Army the old-fashioned way—he was drafted. Having received his draft notice while he was a computer science major at USF, he avoided the rush and enlisted in the Army in December 1971. His first duty station after basic training and advanced individual training was with the 197th Infantry Brigade at Fort Benning, Georgia. From there his duty stations read like an atlas—Europe, Central America, Alaska, the east coast and the west coast of the United States.

He's been to drill sergeant school, the school of northern warfare, the advanced Non-Commissioned Officers' Academy, ski instructor school and the school of nuclear,

biological and chemical warfare. His specialties include infantry operations and intelligence, anti tank weapons and combat equipment repair.

Having trained recruits and cadets does he see any differences?

"No," he says, "the numbers are the big difference. Numbers make the difference in how you train them. The treatment is the same."

What advice does he offer to those considering enlisting in the Army or Army ROTC?

"The Army is challenging, demanding and not something everybody can do. What I say to people is the leadership experience gained in the Army is an invaluable asset for anything you want to do later and that's pretty well proven. There are things you can do in the Army you can't do in any other profession. I've done things and been places that most people will never have a chance to do or see."

Does he foresee the cadets he trains today in some future war?

"Well," says SFC Ridgewell, "if we do our job right, we won't have to see combat."

Sergeant First Class Ridgewell enjoys skiing, fast cars, scuba diving and bass fishing. He's an avid reader of science fiction, ancient history and the history of World War II.

In October 1988, Sergeant First Class Ridgewell will return to a line unit as yet undetermined. For now, he and his wife Beverly and their three children—Lisa, Hunter and Greyson—intend to make the most of the Florida sunshine.

Charismatic Trainer on a Roll

DAVE WARWICK—AN ATHLETE'S BEST FRIEND, AN INJURY'S WORST ENEMY

By ANDREW PHILLIPS

No, Dave Warwick doesn't perform miracles like a Sunday morning evangelist, but what he can do is make the life of many athletes a great deal less painful.

Dave Warwick is a senior from Northandover, Massachusetts, majoring in physical education. He played football, hockey and baseball in high school. While at a community college he also played baseball. He wants to go on to graduate school at Springfield or Northeastern.

The common injuries for basketball are sprained ankles and shin splints, for soccer it's the knees and ankles, but the truly best sport for injuries is football. (Hey, Joe Montana, how did you feel this season?) I was really hoping for some skidiron horror stories, but Dave came up short.

"I hate to see bad injuries. I don't like to see that at all," said Dave. (Tell that big dumb roommate of yours to stop shining his desk lamp in my face so I can finish this interview and get out of here!)

"Football has everything. I think a student should spend at least two years of on-spot working in games. It's the best sport to work with because of the variety of injuries possible, from head to toe," Warwick said.

Dave offers some advice to athletes: "Wait until your injury has completely healed. Your body is like a machine. Playing with a bad injury isn't good. You're just breaking it down."

To become a certified trainer, it takes seven classes in the field and 1,800 hours working with a certified trainer, and you also need a B.S. or B.A. degree. After that, you take the NAATE (National Association of Athletic Trainers Exam).

According to Warwick, the opportunities in this field are pretty good.

"I wouldn't care if it is good or not. I couldn't sit behind a desk. I blew getting my Porsche and two condos, but I really love the work," he said.

"At the bigger colleges, I've seen the trainers work for the coach and not with him," Warwick said. "I can really talk to Coach Henderson. The P.E. department (here) is excellent."



Currently he is doing double duty as a student trainer here at Saint Leo and also helping two students down at Pasco Comprehensive High School learn the "wrap on taping," since this is what trainers do a lot of.

Out of Africa Volunteer Your Skills in Cultural Exchange



SUMMER PROJECTS IN AFRICA AND THE CARIBBEAN

Operation Crossroads Africa, Inc., a non-profit organization focusing on international development and cross-cultural exchange, is entering its 30th year of voluntary service throughout Africa and the Caribbean. In 1986, its 19 projects in nine African countries included medical relief assistance in Ghana, Liberia and Sierra Leone, as well as agricultural/drought relief programs in Zimbabwe, Kenya, The Gambia and Senegal.

Founded 30 years ago by Dr. James H. Robinson, Crossroads—whose example inspired the creation of the Peace Corps—has sent more than 5,200 volunteers to 34 African countries and 800 high school participants to 18 Caribbean islands and the newly independent Central American country of Belize. This unusual experience provides a brief but intense immersion in societies with traditional and modern influences and pushes individuals to reexamine basic attitudes, standards and beliefs in relation to people with contrasting values and lifestyles.

Crossroads is actively seeking high school and college-aged students to participate in this year's community development programs in rural Caribbean and African villages. The seven-week projects in Africa, which are sponsored jointly by Crossroads and the governments of the different African countries, will involve specialized projects in medicine; nursing; community development; archaeology; architectural photography; and agriculture. In the Caribbean, Crossroads sponsors high school-aged students to assist villagers in rural locations on English, French, Spanish and Dutch-speaking islands. For six weeks, participants work side-by-side with local counterparts in constructing medical clinics, schools and community centers and in establishing day camps for children.

Both volunteer and leader positions are open. Persons interested in applying are encouraged to contact Crossroads Africa, 150 Fifth Avenue, Suite 310, New York 10011, phone (212) 242-8550 or (800) 42-AFRICA.

TRIVIA ANSWERS

1. Procter and Gamble
2. "Silent Night"
3. Three: Lucy, Linus and Rerun
4. Massachusetts
5. William Kellogg
6. Vatican City
7. Victoria
8. St. John Eyre Rivers
9. 180
10. "C", "D", "A", and "E"
11. Rene Descartes
12. The fear of everything
13. 1891
14. Thomas Edison
15. Yes. We call it baseball.
16. Four: The Cavanaugh's; Cheers; St. Elsewhere; and Spenser: For Hire
17. A Midsummer Night's Dream



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Monarch basemen

confidence is key

By ANDREW PHILLIPS
MONARCH BASEBALL—ON THE VERGE OF BREAKING IT BIG

Head Baseball Coach Mike Marshall is about to find out just how good his formula for winning baseball is. Having called some of his closest friends to come watch his team win, he's laid himself on the line this time around. This is just an example of the degree of confidence he has in the Monarchs this year.

"I'm not really worried about our offense," said Coach Marshall. "We have basically the same people as last season. They're a year older and slightly improved from a year ago." The Monarchs scored more runs than Tampa, who went on to the National Championship.

"It's the defense that Marshall's a little unsure of right now.

"We're giving up too many runs," said Marshall. "We're very young on the mound. The pitchers certainly have the ability to progress. We have better, highly skilled players. It just means bringing everything into one cohesive game plan.

"The third year should show if my concept of baseball works. The next major step is getting more talented players. We're mainly made up of walk-ons."

The first two years Coach Marshall was here, there weren't any recruited players. But things have changed. Junior Varsity Coach Pinhey was able to get three recruited players for this season.

"The first season I was here we won four conference games with Philip Ross and best wishes," Coach Marshall said. "The second, we won eight games, but our defense wasn't up to task. With 24 conference games, you really need to win 12 games before you can become a challenging team in the conference and become a top 20 team in the country. The Sunshine State Conference is the best conference in Division II baseball in the country."

If all goes according to Coach Marshall's plan, the team should do very well this season. Coach Marshall said he has six of the best pitchers in the conference. If only four of them are on top of their game, nobody should have an easy time against the Monarchs.

"We slide with three pitchers playing, but the ideal would be if all six have it all together," said Marshall.

The games are sure to be good, with lots of action. Come on out and cheer them on to victory.

Varsity Baseball Schedule

REGULAR SCHEDULE				
FRI.	FEB. 6	Barry University	Saint Leo	3:00 p.m.
SAT.	7	Florida Atlantic Univ.	Saint Leo	2:00 p.m.
SUN.	8	Florida Atlantic Univ.	Saint Leo	1:00 p.m.
MON.	9	Bethune-Cookman	Saint Leo	3:00 p.m.
TUES.	10	Bethune-Cookman	Daytona Beach	3:00 p.m.
SUN.	15	Valdosta State	Saint Leo	2:00 p.m.
TUES.	17	Flagler	Saint Leo	3:00 p.m.
WED.	18	Flagler	St. Augustine	3:00 p.m.
THURS.	19	Barry University	Miami	3:00 p.m.
FRI.	20	Florida Atlantic Univ.	Boca Raton	3:00 p.m.
SAT.	21	Florida Atlantic Univ.	Boca Raton	1:00 p.m.
SUN.	22	Florida A & M	Saint Leo	2:00 p.m.
MON.	23	Florida A & M	Saint Leo	3:00 p.m.
TUES.	24	Florida Institute Tech.	Melbourne	3:00 p.m.*
WED.	25	Florida Institute Tech.	Saint Leo	3:00 p.m.*
FRI.	27	Florida A & M	Tallahassee	2:00 p.m.
SAT.	28	Florida A & M	Tallahassee	12:00 Noon
SUN.	MAR. 1	Valdosta State	Valdosta, GA.	2:00 p.m.
TUES.	3	Florida Institute Tech.	Saint Leo	3:00 p.m.*
WED.	4	Florida Institute Tech.	Melbourne	3:00 p.m.*
FRI.	6	Boston College	Saint Leo	3:00 p.m.
SAT.	7	TBA	Saint Leo	12:00 Noon
SUN.	8	Xavier	Saint Leo	12:00 Noon
MON.	9	North Alabama	Saint Leo	3:00 p.m.
WED.	11	Sacred Heart	Saint Leo	3:00 p.m.
THURS.	12	Ithaca	Saint Leo	3:00 p.m.
SAT.	14	Detroit	Saint Leo	12:00 Noon
SUN.	15	Iowa State	Saint Leo	11:00 a.m.
TUES.	17	Wayne State	Saint Leo	3:00 p.m.
THURS.	19	Hartford	Saint Leo	2:00 p.m.
SAT.	21	Rollins	Winter Park	1:30 p.m.*
SUN.	22	Rollins	Saint Leo	1:00 p.m.*
TUES.	24	Tampa	Tampa	3:00 p.m.*
WED.	25	Tampa	Saint Leo	3:00 p.m.*
SAT.	28	Eckerd	St. Petersburg	1:00 p.m.*
SUN.	29	Eckerd	Saint Leo	1:00 p.m.*
TUES.	31	Calvin	Saint Leo	3:00 p.m.
WED.	APR. 1	Williams	Saint Leo	3:00 p.m.
SAT.	4	St. Thomas	Miami	3:00 p.m.*
SUN.	5	St. Thomas	Miami	1:00 p.m.*
TUES.	7	Rollins	Saint Leo	3:00 p.m.*
WED.	8	Rollins	Winter Park	7:15 p.m.*
FRI.	10	Florida Southern	Lakeland	7:00 p.m.*
SAT.	11	Florida Southern	Saint Leo	1:00 p.m.*
SUN.	12	Florida Southern	Saint Leo	1:00 p.m.*
TUES.	14	Eckerd	Saint Leo	3:00 p.m.*
WED.	15	Eckerd	St. Petersburg	3:00 p.m.*
WED.	22	St. Thomas	Saint Leo	3:00 p.m.*
THURS.	23	St. Thomas	Saint Leo	3:00 p.m.*
SUN.	26	Tampa	Tampa	1:30 p.m.*
MON.	27	Tampa	Saint Leo	3:00 p.m.*
THURS.	30	Florida Southern	Lakeland	7:00 p.m.*

HEAD COACH: Dr. Mike Marshall
ASSISTANT COACH: Kaye Pinhey

PHONE: Work (904) 588-8221
Home (813) 783-1357

Monarch Kegglers Top FSU for Lone Win



By DAN MALTESE

Saint Leo's bowling team concluded its first season with a 1-11 record. Although the team opened with a poor debut, Coach Ken Kenyon is looking ahead to next season's action; for all but one team member is returning.

"From what we got here now, we should be very competitive next year," he said.

Coming back next season for the Monarchs are Steve Kenyon, Craig Love, Terry "Flounder" Davis, Jeff Bill, Joe Cafferata and Stu Vieira. Senior Kevin Sawyer will graduate.

In a conference with large schools such as the University of Miami, Florida State University and nationally ranked University of Florida, nobody expected Saint Leo's bowling team to do well. Although many matches were lost by close margins, their only victory was over FSU.

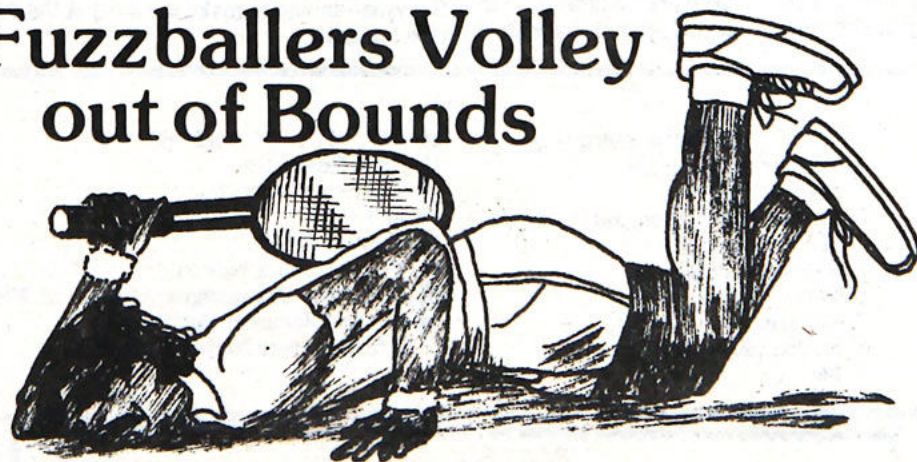
"I think we were more intimidated than anything else this year," Kenyon said.

Even though he feels his team will compete well next season, Kenyon adds it will take at least three years before they will be conference contenders.

Freshman team member Terry Davis said, "The team has the talent to be one of the best in the conference. It is just a matter of working the knots out."

Coach Kenyon's plans to strengthen Saint Leo's bowling program do not stop with just the men. He is starting a women's team for next season and says there are more than enough girls interested in competing. Furthermore, Kenyon would also like to start bowling contests between fraternities, sororities and faculty members.

Fuzzballers Volley out of Bounds



By LEANNE CALDARONE

With one win and one loss so far, the Saint Leo tennis team is hoping to get off to a good start this season.

The men's team defeated Tampa University 8-1 in their first match, then fell to Florida Atlantic University 6-3, but the loss hasn't upset Monarch Tennis Coach Tim Crosby.

"F.A.U. is ranked 14th nationally," said Crosby, "we had wins at number 3 singles by Steve Pollock. He defeated David Gibson in three sets. The number 1 doubles team of Jeff Daly and Chris Cannon defeated F.A.U. in doubles."

The number 3 doubles team of Pollock and Greg Kennedy also won.

"With those three wins over F.A.U., it should help us with our quest for a national

ranking," said Coach Crosby.

The Monarchs have lived up to the expectations placed upon them in the pre-season. "In the pre-season poll the Monarchs were ranked ninth in the southern region of the NCAA," Crosby said.

Elsewhere in tennis, the Lady Monarchs are working towards a victorious future.

"The girls' team is looking forward to their first win after two losses to F.I.U. and Florida Southern," said Crosby. "Today we're playing Hillsborough Community College and hoping for a couple of victories to get us on the right track before playing conference foe University of Tampa next Thursday, Feb. 5."

If you get a chance, come out and see the Monarchs in action.

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